

# Indiana's Tobacco Burden

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Tobacco use is the single most preventable cause of death and disease in the United States. Annually cigarette smoking causes more deaths than alcohol, AIDS, car accidents, illegal drugs, murders and suicides, combined. The impact of tobacco on Indiana is staggering, costing Hoosiers 9,800 lives each year.

Data shown here are smoking rates for Indiana and some comparisons with the U.S. This data illustrates the great burden smoking places on all Hoosiers.

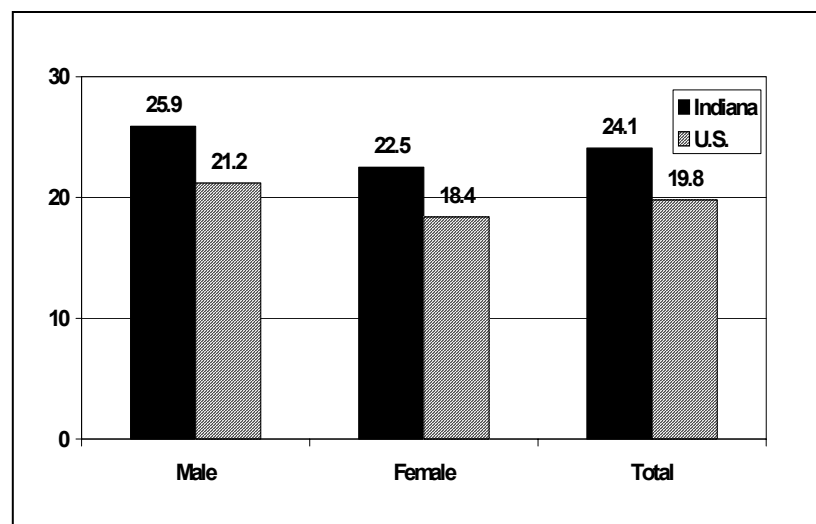
## Indiana Adult Smoking Rates

- Indiana's adult cigarette smoking rate of 24.1% indicates a statistically significant decrease from 2005.
- An estimated 1.1 million adults in Indiana smoke cigarettes.
- Indiana ranks 6<sup>th</sup> among all states in adult smoking prevalence and is consistently in the list of states with the highest smoking rates, and is higher than the U.S. rate of 20%.
- Indiana smoking rates for men remain higher than those for Indiana women. Hoosier smoking rates by gender are higher

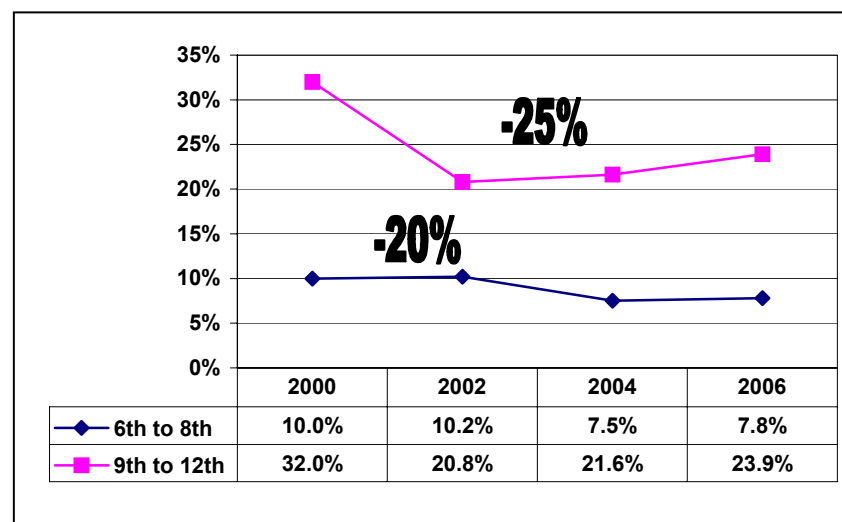
## Indiana Youth Smoking Rates

- **High School Smoking** – 24%. A 25% decline from 32% in 2000 to 23.9% in 2006. **Middle School Smoking** – 8%. A 20% decline from 10.0% in 2000 to 7.8% in 2006.
- Smoking rates among race/ethnic groups at the middle school level are similar for Whites (7.5%), African Americans (7.7%) and Latinos (8.8%). However, the rate for White (25.5%) high school students is higher than rates for African American (12.9%) and Latino (20.3%) students.

## Adult Smoking Rates, Indiana vs. U.S., 2007



## Indiana Youth Smoking Rates, 2000-2006



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## Smoking by Pregnant Women in Indiana

- Indiana's smoking rate among pregnant women has declined to 17% from 21% in 1999. However this is still one of the highest smoking rates in the country.
- County rates range from 32% to 4%. Seventy-one (71) of Indiana's 92 counties have a smoking during pregnancy rate higher than the Indiana average. All but four Indiana counties have a smoking during pregnancy rate higher than the United States average.
- Smoking during pregnancy is associated with poor health outcomes, such as low birth weight, growth retardation, and spontaneous abortions. Prenatal exposure to secondhand smoke is also harmful to children affecting mental development.

## Indiana's Tobacco Policies

- Cigarette excise tax: 99.5 cents (effective July 1, 2007)
- The average state tobacco tax is \$1.18, with taxes ranging from \$2.75 to 7 cents.
- Limited statewide restrictions on smoking in worksites and public places – Seven out of ten adult indoor workers report a smoke-free worksite policy in Indiana.
- As of July 2008, approximately 30 percent of all Hoosiers are protected from secondhand smoke by an effective local smoke free air law in 27 communities.

## What Tobacco Costs Indiana

- Medical costs related to smoking in Indiana: Over \$2 billion annually
- Medicaid expenditures directly related to tobacco: \$487 million
- For every pack of cigarettes sold in Indiana, Hoosiers spend \$7.57 in health care costs related to smoking.

Smoking rates of Hoosiers illustrate why tobacco use greatly impacts our state. Through Indiana's comprehensive tobacco control program we continue to raise Hoosiers' awareness of tobacco prevention and control issues. These tobacco control efforts are beginning to be realized through reductions in youth smoking, but it will take some time before we will see declines in Indiana high adult and pregnant women smoking rates. Join the fight so all Hoosiers can live without tobacco!

July, 2008

Sources: 2007 Behavioral Risk Factor Surveillance Survey; 2000-2006 Indiana Youth Tobacco Survey; 2006 Indiana Birth Certificate Data; 2004 National Health Interview Survey (NHIS); Centers for Disease Control and Prevention. Sustaining State Funding for Tobacco Control: Data Highlights-2006; [http://www.in.gov/itpc/PolicyFiles/policyFile\\_85.pdf](http://www.in.gov/itpc/PolicyFiles/policyFile_85.pdf)